POST-ACUTE CARE:
Network Alignment & Risk Management

Post-acute care constitutes the diverse array of follow-up healthcare services to patients after the acute in-patient encounter. As the healthcare industry moves towards a more integrated delivery model (e.g. ACOs, bundled payments, etc.), creating a dynamic and collaborative care continuum will become more and more valuable to both patients and healthcare providers. Developing and refining these relationships across the patient care continuum can help deliver 1) improved population health; 2) a better patient experience; and 3) reduce healthcare costs.

With the U.S. population aging, the number of people receiving post-acute care is expected to increase rapidly. For example, the number of patients receiving home health services increased by almost 10% in 2010. Given the clinical complexity and the frequency with which they transition between medical settings, these repeat patients are particularly vulnerable and costly to our health system.

Our post-acute care alignment consultants assist clients in evaluating their current post-acute care strategy and network to assess how effective it is in improving outcomes, lowering costs (through reducing average length of stay [ALOS] in the acute setting and curbing re-admissions), and reducing leakage of patients outside of the hospital’s network. We then design a plan to execute this strategy, and our experts ensure an organized and results-driven post-acute care implementation to provide a more streamline patient care continuum.

**ALIGNMENT OF POST-ACUTE CARE CAN**
- Improve patient care outcomes
- Reduce costs associated with transitions across the care continuum (ALOS, re-admissions)
- Increase your system’s brand and reduce leakage outside your system

"Coordination between acute-care hospitals and post-acute care providers is essential to reducing healthcare spending and improving overall quality of patient care."

- American Hospital Association
ABOUT HARPETH CONSULTING

Harpeth Consulting was formed by a group of senior executives, consultants, and healthcare industry veterans who recognized the need to develop a firm that specializes exclusively on the healthcare industry, especially in a healthcare rich geography such as Nashville, TN. Having worked together previously, they were able to assemble a team with great synergy, significant experience, and subject-matter expertise. Now, just a few years later, Harpeth Consulting has grown by leaps and bounds, and stands ready to move into its next phase of growth by continuing to provide value to clients.

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